SUMMARY CURRICULUM VITAE

Dr. MIKEL ARAMBERRI GUTIÉRREZ
Specialist in orthopedic surgery and sports traumatology
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TRAINING AND TITLES

• 1994-2000: Bachelor's degree in Medicine, University of Navarre.
• 2001-2006: intern in orthopedic surgery and sports traumatology, Dexeus University Institute, Barcelona. Director: Dr. JM Vilarrubias.
• 2004-2006: Interuniversity Master in Sports Traumatology. Autonomous University of Barcelona and University of Barcelona.
• 2009: Fellowship (superspecialization) in arthroscopic and prosthetic shoulder surgery, Drs Lafosse and Toussaint. General Clinic, Annecy. la France
• 2011: European Doctor in Surgery cum Laude. Autonomous University of Barcelona (UAB).
• 2016: Super-specialization in anterior cruciate ligament rupture and ACL ruptures. Sport Clinic, Mérignac, Bordeaux, France.

PROFESSIONAL EXPERIENCE

Experience in professional sports traumatology:

Traumatologist of the 1st Real Madrid football team 2015-16 and 2016-17 (2 Champions League, 1 league, 1 European Super Cup and 1 Club World Cup). Currently trauma specialist of Real Madrid.
• Head of the Medical Service and trauma specialist of the national teams of Spain rugby since 2015.
• Director of the Sports Medicine Clinic ALAI, c / Arturo Soria 342, Madrid.

Experience as a medical specialist in traumatology and orthopedics:

• 2006-2017: Full-time specialist at the Ramón y Cajal University Hospital.
• 2007-2012 specialist at Sanchinarro University Hospital in Madrid.

Clinical rotations in other hospitals:

• January and February 2006: Arthroscopic Surgery Unit, Dr. Mikel Sánchez. La Esperanza Hospital, Vitoria.
• March and April 2006: Adult Reconstruction and Sports Medicine Services: Drs. Cabanela, Sánchez-Sotelo, Hanssen, Trousdale and Stuart. Mayo Clinic. Rochester, MN, USA.
• January 2010: stay at the hospital of Latisana (Italy) with Dr. Gervasi to learn the transfer of the latissimus dorsi in massive ruptures of the postero-superior cuff.
• March 2010: Stay with Dr. Felix Savoie III. Tulane Sports Medicine Center. New Orleans. USA
• February 2011: Visit of Dr. Jan Leuzinger, Zürich. Technical patch in massive ruptures of rotator cuff under arthroscopy.
• March 2012: Visit to Dr. Gilles Walch. Lyon, France Inverted prosthesis.
• March 2013: Visit to Dr. Ekelund (Sweden). Revision of prostheses inverted.
• March 2014: Visit to Professor Christian Gerber (Balgrist, Zürich).
• April 2016: Visit to Dr. Sakari Orava (Finland). Ruptures of hamstrings.
• June 2016: Stay at the Sport Clinic, Mérignac, Bordeaux. Superspecialization in anterior cruciate ligament lesions.
• September 2017: Visit of Dr. Sonnery-Cottet, complex cases of anterior cruciate ligament and anterolateral plasty of the knee.
• April 2018: Visit to Dr. James Calder and Dr. Andy Williams. Complex ankle and knee stabilization techniques in athletes. Fortius Clinic, London.

RESEARCH AND PUBLICATIONS

May 2012: 2012 Award for Excellence in Clinical Research of American Shoulder and Elbow Surgeons (ASES).

Principal author or co-author of more than 20 publications in national and international scientific journals.
They are distinguished among them:

1. Arthroscopic latarjet procedure. Lafosse L, Boyle S, Gutierrez-Aramberri M, Shah A, Meller R. Orthop Clin North Am. 2010 Jul; 41 (3): 393-405. doi: 10.1016 / j.ocl.2010.02.004. Review.
2. "Arthroscopic arthrolysis for recalcitrant frozen shoulder: a lateral approach". Lafosse L, Boyle S, Kordasiewicz B, Guttierez-Arramberi M, Fritsch B, Meller R. Arthroscopy. 2012 Jul; 28 (7): 916-23. doi: 10.1016 / j.arthro.2011.12.014. Epub 2012 Mar 14.
3. "Frozen Shoulder Circumferential Release". Metcalf Meeting, Sun Valley, Idaho, USA, January 2010, Lafosse L, Boyle S, Kordasiewicz B, Gutierrez M, Fritsch B, Meller R.

4. "A Prospective Clinical and Nerve Conduction Study (NCS) / Electromyographic (EMG) Analysis of Rotator Cuff Repairs performed with and without suprascapular

nerve release".

5. "All-suture TransOsseous Repair (ATOR) for rotator cuff tear fixation using medial calcar fixation". Mikel Aramberri Gutierrez, MD, PhD1,2, Amaia Martinez Menduiña, MD1, Maria Valencia Mora, MD, PhD1, Simon Boyle, MSc, FRCS3, Arthroscopy Techniques. Abril 2015.

6. "Endoscopic lesser trochanter resection with refixing of the psoas tendon for treatment of ischiofemoral impignmentation". Arthroscopy Techniques: The Journal of Arthroscopy and Related Surgery.

7. "Arthroscopic and Endoscopic Technique for Subordinate Synovial Chondromatosis of the Shoulder through a Medial Transpectoral Portal". Arthroscopy Techniques: The Journal of Arthroscopy and Related Surgery. 2018

8. ACL BIOMECHANICHS. Revista Española de Artroscopia and Cirugía Articular. Flight. 24. Fasc. 2. Núm. 59. Septiembre 2017 ISSN: 2386-3129 (impreso) 2443-9754 (online)

EDUCATION

• Collaboration in trauma training nationally and internationally.
• International consultant in arthroscopy of the shoulder of several multinationals.

PROFESSIONAL AFFILIATIONS

• Member of the Spanish Society of Orthopedic Surgery and Traumatology.
• Member of the Spanish Association of Arthroscopy.
• Member of the Spanish Society of Shoulder and Elbow Surgery.

PATENT

Patent P200901415: Clip for the removal of stitches from the skin.

LANGUAGES

Spanish and Basque: mother tongues
Catalan: high, spoken and written
French: bilingual
English: very high
German: average level.